PAGE 2—PRACTICAL ADVICE ON OBTAINING ALZHEIMER’S HELP

Dear Sisters and Brothers:

This article deals briefly with awareness and how to obtain information on Alzheimer’s and help. And, instead of trying to make 100 Chapter presentations, I am providing to you what I consider to be practical advice on how to obtain Alzheimer’s help for your loved one.

Clearly, one of the first people that should be contacted regarding Alzheimer’s disease is your primary care physician. If this is a difficult option, or you need to try a different direction, you might want to consider contacting the Alzheimer’s Association offices. To do this, I would suggest that you call the **Alzheimer’s Association 24 Hour Hotline** at **1-800-272-3900** or go to the Alzheimer’s website at [www.alz.org](http://www.alz.org) (and then search for Ohio Chapters.) Please know that both the Hotline and website are extremely user friendly. They can provide you with information on Alzheimer’s, and advice for both individuals and caregivers dealing with this heartbreaking and difficult situation.

You should also know that there are many regional and branch officers scattered around Ohio that can be contacted. The following list includes the name, location and telephone number of 6 of the regional offices.

1. Cleveland Chapter (Independence)—216-342-5556
2. Miami Valley Chapter (Dayton)—937-291-3332
3. Northwest Ohio Chapter (Maumee)—419-537-1999
4. Greater Cincinnati Chapter (Cincinnati)—513-721-4284
5. Greater East Ohio Chapter (Canton)—330-966-7343
6. Central Ohio Chapter (Columbus)—614-457-6003

Please know that you are not alone, either as a patient or as a caregiver. The Hotline is especially useful and after talking with an Alzheimer’s Association Hotline agent it is clear to me that the Hotline is your easiest and faster method of communication.

In Star Love,

Bill Murphy, PGP—GGC Alzheimer’s Committee

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